

# MAYA'S 2010 RETROGRADE GUIDE

From Earth's standpoint, planets periodically reverse their direction. We call this a retrograde period. It is a time to assimilate that planet's energies, to bring them home to us and work with them on inner levels. During retrograde times, people are idiosyncratic—more true to their natures—in their expression of the retrograde energy.

On the days surrounding a planet's "turn," it is moving very slowly or standing still in the heavens. We call this a station. Energy is very pronounced then, and events on earth reflect that emphasis. [Dates reflect Pacific Time, which is GMT -7 (PDT) or -8 (PST).]

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
<b>Mercury</b> Rethink and redo. Look for your authentic voice.												
<b>Venus</b> Rework priorities.												
<b>Mars</b> How can you better use your energy?			12/20/09 - 3/10/10									
<b>Ceres</b> How do you need to change your mothering?						4/28 - 8/8-9						
<b>Pallas</b> Where do you need to apply strategy?					3/14 - 6/24							
<b>Juno</b> Where are your relationships unfair?	JUNO DOES NOT CHANGE DIRECTION DURING 2010											
<b>Vesta</b> What needs special dedication and protection?			1/5 - 4/7									
<b>Jupiter</b> Review your philosophies and your beliefs.										7/23 - 11/18		
<b>Saturn</b> Redesign your foundation and your work program.			1/13 - 5/30									
<b>Chiron</b> What is your healing work at this time?										6/4-5 - 11/5		
<b>Uranus</b> Where do you need to be independent?										7/5 - 12/5		
<b>Neptune</b> Open your cosmic channels.										5/31 - 11/6-7		
<b>Pluto</b> Pay attention to your inner power.										4/6 - 9/13-14		